



Spa Treatment Menu



Head Massage (30min)

Relieve stress and reduces tension.
Relieve migraine pain and headaches.
Improve blood circulation in the head and neck area.
Promote hair growth.

\$ 25

Face Massage (30min)

Stimulate blood flow and aid circulation.
Ensure even and thorough skincare application.
Refresh the skin.
Reduce puffiness and inflammation.
Smooth out fine lines and wrinkles.
Promote clearer skin

25

Body Massage (60min)

Herbal oil Massage:
Improve blood circulation.
Decrease muscle stiffness.
Decrease joint inflammation.
Better quality of sleep.
Quicker recovery between workouts.
Improve flexibility.

70

Neck and Shoulder Massage (30min)

Reduce muscle soreness and pain.
Relieve migraines and headaches.
Reduce stress and anxiety.
Enjoy more restful sleep.
Improve your posture.

20

Hand Massage (30min)

Improve range of motion and flexibility.
Reduce pain and inflammation in the hand and arm.

20

Back Massage (30min)

Reduce muscle stiffness, aches, and tension.
Relax your lower back area.
Improve blood circulation in the lower back area.

20

Leg Massage (30min)

Reduce edema and swelling.
Reduce muscle soreness and pain.
Enhance flexibility and range of motion

20

Foot massage (30min)

Evoke higher levels of calm and feelings of psychological wellbeing.
Relieve heel discomfort.
Promote healthier feet.
Improve blood circulation.
Help prevent foot and ankle injuries.

20

Neck & Shoulder Massage or Back Massage with Herbal Stamps (45min)

Use herbal oil and give a deep massage.
After the massage, apply warm herbal bundle fomentation.
Provide deep muscle relaxation and pain relief.
Increase blood circulation in all neck, shoulder, and upper back areas.
Enhance flexibility and range of motion.

35

Sauna (15min)

Stimulate sweating.
Relieve muscle pain and tension.
Improve blood circulation in the body.

15

Jacuzzi (20min)

Stress relief.
Muscle relaxation.
Pain relief.
Better cardiovascular health.
Calorie burning in your body

20

Prices are in USD, inclusive of 10% service charge and applicable government taxes

